### After COVID Vaccination Tip Sheet

<table>
<thead>
<tr>
<th>After vaccination reaction/symptoms</th>
<th>How common is this symptom?</th>
<th>What to do</th>
</tr>
</thead>
<tbody>
<tr>
<td>Local injection site reaction only (i.e., redness or swelling at the injection site)</td>
<td>Very common</td>
<td>Apply cold compress to the injection site. You may take acetaminophen or ibuprofen for pain.</td>
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</tbody>
</table>
| Mild post vaccination reaction, including the following:  
  • Feeling feverish but temperature less than 100.4°F  
  • Mild headache  
  • New fatigue (new sense of feeling tired)  
  • Mild myalgias (muscle aches)  
  • Mild arthralgias (joint pains) | Very common | You may take acetaminophen or ibuprofen for pain and feeling feverish |
| Mild allergic symptoms (itching, rash but NOT hives) that occur after you leave the site | Uncommon | Apply cold compress to the injection site. You may take antipruritic (anti-itch) medication, like Claritin, Zyrtec or Benadryl. |
| Moderate or severe symptoms, including the following:  
  • Fever 100.4°F or greater  
  • Moderate/severe headache [or]  
  • Moderate to severe fatigue (sense of feeling tired) [or]  
  • Moderate/severe myalgias [or]  
  • Moderate/severe arthralgias [or] | Uncommon | Take acetaminophen or ibuprofen for pain or fever and call your primary care provider's office for further advice. |
| More severe allergic reactions including hives, swollen lips, tongue, eyes, or face, wheezing, chest tightness or shortness of breath | Very rare | If you develop trouble breathing, swelling in your mouth or throat, or wheezing, call 911 or go to the closest ER immediately |