






# After COVID Vaccination Tip Sheet



After vaccination reaction/symptoms		How common is this symptom?	What to do
Local injection site reaction only (i.e., redness or swelling at the injection site)		<b>Very common</b>	Apply cold compress to the injection site. You may take acetaminophen or ibuprofen for pain.
Mild post vaccination reaction, including the following: <ul style="list-style-type: none"> <li>• Feeling feverish but temperature less than 100.4F</li> <li>• Mild headache</li> <li>• New fatigue (new sense of feeling tired)</li> <li>• Mild myalgias (muscle aches)</li> <li>• Mild arthralgias (joint pains)</li> </ul>		<b>Very common</b>	You may take acetaminophen or ibuprofen for pain and feeling feverish
Mild allergic symptoms (itching, rash but NOT hives) that occur after you leave the site		<b>Uncommon</b>	Apply cold compress to the injection site. You may take antipruritic (anti-itch) medication, like Claritin, Zyrtec or Benadryl.
Moderate or severe symptoms, including the following: <ul style="list-style-type: none"> <li>• Fever 100.4F or greater</li> <li>• Moderate/severe headache [or]</li> <li>• Moderate to severe fatigue (sense of feeling tired) [or]</li> <li>• Moderate/severe myalgias [or]</li> <li>• Moderate/severe arthralgias [or]</li> </ul>		<b>Uncommon</b>	Take acetaminophen or ibuprofen for pain or fever and call your primary care provider's office for further advice.
More severe allergic reactions including hives, swollen lips, tongue, eyes, or face, wheezing, chest tightness or shortness of breath		<b>Very rare</b>	If you develop trouble breathing, swelling in your mouth or throat, or wheezing, call 911 or go to the closest ER immediately